

LAZY MAY

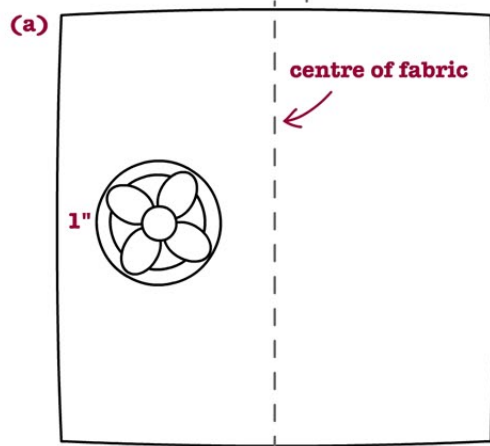
vanilla and cinamon bags

this tutorial will show you how to stitch a vanilla and cinnamon scented bag, when hung over a radiator or in a sunny window they will smell lovely. They are really simple to sew and make great gifts...

To make one you will need

Lazy May "Flower Power" patterns
10" by 10" fabric
embroidery thread in a contrasting colour
embroidery thread in a colour matching your fabric
cotton wool, wadding or fabric scraps

6" of ribbon
a cinnamon stick
vanilla essential oil
beads (optional)
needle, pins, scissors, pen, ruler



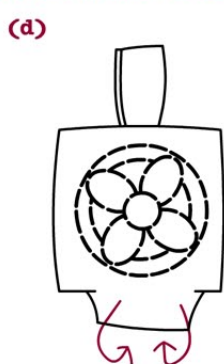
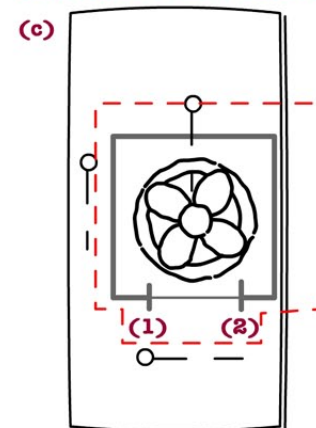
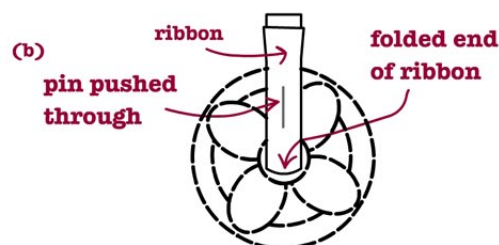
1. Cut the cinamon stick in half and drop 5 drops of the oil on to one half, leave this to dry while you start the bag.

2. Transfer your chosen design to the position shown in (a) making sure there is 1" between the pattern and the edge of the fabric. For a guide to transferring patterns see our 'how to' page.

3. Embroider your pattern by stitching over the lines in your contrasting thread colour. For a bold design use all six strands of thread a small back stitch. This is the point to add beads if you are using them.

4. Fold your ribbon in half and place it on top of the neat side of embroidery you have just stitched, as shown (b).

5. Push a pin through from the messy side of the embroidery to hold the ribbon in place



6. Fold your fabric in half and place it so you are looking at the messy side of your embroidery with the open ribbon ends at the top, pin both sides of the fabric together. See (c).

7. Take a pen and ruler and draw a square around the embroidery, leaving a 1/2" gap between the stitching and the square.

8. Using your matching thread stitch along your pen lines with a small tight back stitch, leaving a gap between 1 to 2 securing the stitches very well at the start and end.

9. Cut out your fabric along the dashed lines marked in red, remove all the pins

10. Turn your bag inside out by pushing all the fabric through the gap left between 1 and 2. Use a pin to pop the corners out, see (d)

11. Begin to stuff the bag with cotton wool or wading, pushing it right to the corners. When the bag is half full put the vanilla cinnamon stick in, then stuff the rest of the bag.

12. To complete the bag fold the f aps around the opening up inside the bag and sew it shut.